



**Thrive**

Child and Youth Trauma Services ICES

prevention *education* treatment

# **ANNUAL REPORT**

## **2019-2020**



905-523-1020



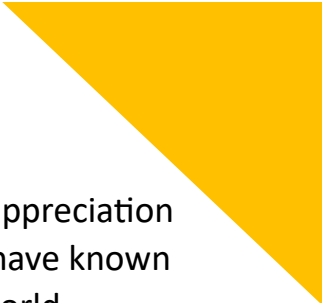
[www.thrivechildandyouth.ca](http://www.thrivechildandyouth.ca)



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[info@thrivechildandyouth.ca](mailto:info@thrivechildandyouth.ca)



# A Message to the Community

We can't look back on 2019-2020 without first acknowledging our new appreciation of how unpredictable the future can be. This time last year we couldn't have known the COVID-19 pandemic was fast approaching, about to transform our world.

A very special thank you goes out to our volunteer board of directors, staff, clinicians, students and volunteers. You each play a critical role at Thrive every day. Your ability to adapt in these difficult times has been a model for the Hamilton community and the young people who access our services. Your contributions are invaluable! Thank you.

It seems especially important that this year we pause, acknowledge, and celebrate our success and growth. We are a small but mighty agency that continues to respond and thrive in changing times. We must also highlight that it was a very exciting year for fundraising events, speaking engagements, and cross agency collaborations and partnerships. We hosted the inaugural "Walk off the Turkey" fundraising event reuniting long term friends and family for an active day out. Most notably, while our referrals continue to rise, we responded by increasing our clinical capacity resulting in an increase of the number of young people served. Based on feedback from program participants, we expanded and innovated our psycho-educational parent groups to now include an online delivery option. We are committed to continuing to engage with young people and their families to ensure our services are inclusive and meet the needs of clients. This includes our ongoing commitment to raising awareness surrounding Anti-Black racism and the Black Lives Matter movement internally and within the Hamilton community.

Although we face uncertain times ahead, we are proceeding cautiously with a sense of hope and excitement for the possibilities that lay before us. We hope you will take the time to read our annual general report to understand more about the impact of our work at Thrive.



**Beverly Bronte-Tinkew**  
Board Chair

**Stephanie Taylor**  
Executive Director

# WHO WE ARE

## Mission

A community-wide response to childhood trauma that combines excellence in treatment, state-of-the-art education, and community oriented prevention initiatives aimed at reducing the incidence and impact of child maltreatment and promoting the safe and healthy development of children.

## Vision

We believe thriving children create thriving communities.

## Values

**Inclusiveness:** An agency culture or a way of thinking and acting that allows every individual to feel accepted, valued, and safe.

**Service Excellence:** Trusted expertise that is responsive to our communities needs and built on continuous improvements.

**Compassion:** People are more than the sum of what has happened to them.



**Thrive**  
Child and Youth  
Trauma Services



## Program Statistics:

153

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INDIVIDUAL CLIENTS SERVED

109


**SAAT**

The Sexual Abuse Assessment and Treatment (SAAT) program offers comprehensive assessment and specialized intervention and treatment to children and youth who have been sexually victimized, or who are exhibiting concerning sexualized behaviours. This support is provided to young people as well as their non-offending parents/caregivers and families

44

**OASIS**

The Outreach, Assessment and Specialized Intensive Services (OASIS) program is Hamilton's only mental health trauma treatment program offering specialized services to immigrant and refugee children, youth, and their families who have experienced trauma in another country, while on their journey to Canada, or while in Canada.

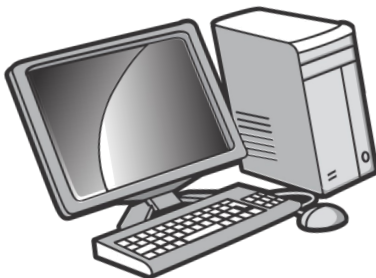


# PSYCHO-EDUCATIONAL GROUPS FOR PARENTS AND CAREGIVERS

Our online parent groups are now available online and available for families for free!

- **Courage to Tell** is designed for parents/caregivers who are dealing with a recent disclosure of sexual abuse involving their child/youth. This two-part course equips with important knowledge about such areas as how to support their child/youth during this emotional and challenging time, how to respond to different questions and/or behaviours, how to navigate their way through the process of dealing with their child's/youth's disclosure of sexual abuse, etc.
- **ABC's of CSB (Concerning Sexualized Behaviours)** is a two-part online educational course for parents/caregivers of children (ages 11 and under) with concerning sexualized behaviours. Participants will benefit from having the opportunity to increase their knowledge about child sexual development and how to support and respond to a child who is exhibiting concerning sexualized behaviours.

"This course was EXCELLENT! The presentation of material was light, and filled with strategies that make responding much more approachable!"  
- **anonymous parent**



For more information please visit our website at [www.thrivechildandyouth.ca](http://www.thrivechildandyouth.ca)

# HIGH SCHOOL DROP-IN MENTAL HEALTH SUPPORT FOR NEWCOMERS

For over 5 years the OASIS program has been providing a drop-in mental health support for newcomer youth at the recently closed Sir John A MacDonald. Providing as an early intervention, youth are able to connect immediately to a mental health clinician who can support them through some of life's daily challenges. For those who require more intensive trauma treatment, a referral is made to the OASIS program.

Through a paid partnership with Hamilton Wentworth District School Board (HWDSB) and Hamilton Wentworth Catholic District School Board (HWCDSB), this program is now available in 5 schools locally. We have supported over 100 students this year and made over 20 referrals to partnering agencies.

**HWDSB**  
HMD2B

Bernie Custis High School  
Westdale High School  
Nora Henderson High School

**HWCDSB**  
HMC2B

Cathedral High School  
St. Thomas More High School

# FUNDRAISERS AND COMMUNITY SUPPORT

## Volleyball tournament

Thank you to Graham Mykytey for all your hard work in coordinating such an incredible volleyball tournament!



## Footprints of Faith Conference

An incredible opportunity to hear stories of resilience and perseverance to move beyond tragedy and trauma.



## Hamilton Steelworkers Area Council

We continue to be amazed at the community support from Hamilton's steelworkers.



## Walk off the Turkey

Our inaugural event brought together many of our families and friends on a sunny day!



## **Hamilton Health Team**

In late November, the Ontario government announced Hamilton as one of the first communities in Ontario to move forward with establishing an Ontario Health Team. The Hamilton Health Team is a collaboration of Hamilton's health and social service partners and includes representation from more than 20 organizations, reflecting primary care, home care, hospitals, community agencies, long-term care, mental health, Indigenous health, post-secondary education, and the City of Hamilton (Healthy and Safe Communities Department, Public Health and Paramedic Services), among others.

Thrive is pleased to be part of Ontario's commitment to end hallway health care and build a connected and sustainable health care system centred around the needs of patients.

The Hamilton Ontario Health Team, known as the Hamilton Health Team, has a vision to provide an equitable and seamless continuum of care that actively improves population health and meets the individual needs of their community.



## We Commit to Action on Anti-Black Racism



BLACK  
LIVES  
MATTER

At Thrive, we share in the collective outrage and sadness at the violent incidents of anti-Black racism that have occurred in the last few months. We acknowledge that these events are only the most recent manifestations of systemic anti-Black racism that has existed for generations, having devastating impact and persistently traumatizing Black communities. We each have the responsibility to be active allies in making the changes required to create a just and equitable society.

We know that Black, Brown and Indigenous people are disproportionately represented within our service system and are more likely to be marginalized, including the negative impact that marginalization has on individual's health, well-being, hope, and resilience. We are deeply motivated to make meaningful change and work with young people and their families who use our services. In addition, we look for opportunities to further dismantle racism with our staff, and our communities.

We recognize the need to do so in a way that is respectful, ethical, and equitable being especially mindful of those members of the Black community (as well as the Indigenous and People of Colour) who have historically been disenfranchised.

We commit to continued conversations, and ongoing educational opportunities for all staff, management and boards of directors with regards to Anti-Black racism. We are committed to holding ourselves at an increased level of accountability, and continue to work at reviewing and revising our programs, as well as our policies and procedures to best align with the values and best practices of anti-racism and anti-oppression. We are committed to raising awareness surrounding Anti-Black racism and the Black Lives Matter movement at an external level.

## Thrive Statement of Operations and Change in Net Assets

### Revenue

Service Agreement – Province of Ontario	429,099
Operation Grant – City of Hamilton	128,836
Special Purposes Grants	10,000
Hamilton Community Foundation	8,736
Fundraising and Donations	70,794
Program	28,183
Interest and other	11,261
<b>Total Revenues</b>	<b>686,909</b>

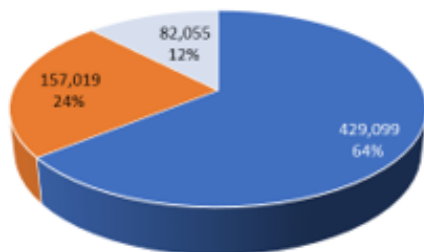
### Expenses

Programs Funded by Service Agreement and Operating Grants	
SAAT Program	377,315
OASIS Program	170,432
Programs Funded by Special Purpose Grants	
MCIIT	
Parent Group Program	10,188
Development and Administration	110,537
<b>Total Expenses</b>	<b>668,472</b>
Excess of Revenue over Expenses	18,437
<b>Net Assets as of March 31, 2020</b>	<b>360,009</b>

### Net Assets as at March 31, 2020

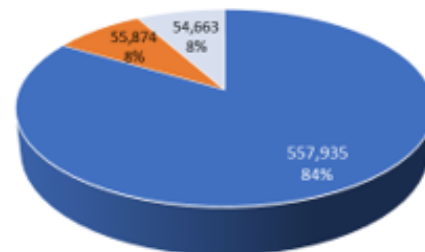
Comprised of:	
Internally Restricted – Capital Fund	4,255
Internally Restricted	250,000
Unrestricted Net Assets	105,754
<b>Balance March 31, 2020</b>	<b>360,009</b>

Sources of Revenue



Province of Ontario Grants and Program Fundraising and Miscellaneous

Sources of Expenses



Program Building Office

# FUNDING PARTNERS AND SPONSORS

Thank you to the following funding partners and sponsors who have supported Thrive's program and services for the year 2019-20. We remain committed to providing the highest standards of clinical treatment possible for the children and youth of Hamilton. Because of their trust and confidence in our ability to



◆ Ministry of Health

- ◆ City of Hamilton, Community Enrichment Fund
  - ◆ Hamilton Community Foundation
- ◆ Magnes Group/Northbridge Financial Corporation
  - ◆ Hamilton Police Services Project Concern
  - ◆ Hamilton Steelworkers Area Council
- ◆ United Steelworkers of America Local 4153
  - ◆ United Steelworkers
  - ◆ HSAC Women of Steel
  - ◆ The Hamilton Rotary Club AM
  - ◆ Women of Passion and Purpose
  - ◆ Gore Mutual Insurance Company
  - ◆ Hamilton Rising Transportation Ltd.
- ◆ Commercial and Sustainable Flooring Inc.
  - ◆ Prime Enterprises Inc.(Wendy's)
  - ◆ Daughter's of Penelope District #23
    - ◆ Liftrain Services
    - ◆ Promotions Universelles
    - ◆ 100 Men Who Care
    - ◆ Re-Source Thrift Shop
    - ◆ RFB Construction
  - ◆ GFL Environmental Inc.
    - ◆ CHML Children's Fund
    - ◆ Pioneer Energy



Rotary Club of Hamilton AM



## Board of Directors

Beverly Bronte-Tinkew, **Chair**

Trevor Allen, **Vice Chair**

Pam Nielsen, **Treasurer**

Mark Daly, **Secretary**

Kristine Beaupré, **Past Chair**

David Corbett

Manjeet Singh

Zarema Mammadova

John Tselepakis

## Staff

Stephanie Taylor, **Executive Director**

Janice Floyd, **Client Services Coordinator**

Laurie Gallagher, **Program Support Coordinator**

Keeley Sims, **Administrative Assistant**

Nancy Rumble, **Clinical Social Worker**

## Clinical Consultants

Karen Holladay, **SAAT Clinical Supervisor**

### SAAT Program

Heather Barbour

Franca Iannotta

Heather Rosser

Tricia Schinkel

Shawn Chisholm

### OASIS

Abrar Mechmechia

Fatima Moussa (maternity leave)

Mirela Sima